\* Welcome to Angie’s Gymnastics recreational program. This letter is to familiarize you with our program and answer frequently asked questions.

**WELCOME TO GYMNASTICS**

**TUITION:**

$50/month per student->1 class per week/ 4 classes a month

**WHEN IS TUITION DUE?  
Tuition is due the 1st class of the month.** Please put payment in an envelope with the student’s name and class day/time on it. The payment box is located in the lobby. The schedule will be posted in the lobby of the gym and sent out by email at the end of every month. Please make sure we have your current email. ☺

**LATE PAYMENTS-** Payments that are not made on time will have a late charge of $10 added per child. If you miss payment for the month, you will lose your place in class.

**MISSED CLASSES-** If a student is sick or misses class you still pay for the entire month (no prorates). If at any time, you chose to withdraw your gymnast from our program, please let us know right away so their spot can be filled. There will NOT be a tuition reimbursement for the remaining classes of that month.

**WHAT TO WEAR?  
Gymnastic leotards are requested,** but other clothing is permitted. The clothing needs to be comfortable, non-restrictive and form fitting. Please **NO Levis**, zippers, or fasteners (buttons & snaps) around the waist. Large loose clothing and long drawstrings pose safety hazards. Shorts are allowed, but **NO LONG PANTS.**

**Please remove all jewelry before gymnastics, stud earring are permitted.**

Hair needs to be pulled back into pigtails or braids if possible. One ponytail in the back can hurt when your child is doing rolls, but it is better to have it up than not at all. If your child’s hair is short please pull back any pieces that would fall in front of their face. ☺

**CLASS DAY:**

We would like all gymnasts to arrive 5 minutes before their class time, but no earlier than 10 minutes. They can leave their shoes, socks, etc. in the cubbies located in the gym, then sit and wait in the gym until the prior class is over.

**ARE SPECTATORS ENCOURAGED?**

Parents are welcome to observe the last 5-10 minutes of class each week inside the gym area. We do have a small lobby that can be used outside of the time.

**WHAT SHOULD MY CHILD PRACTICE AT HOME?**

Flexibility is a major part of excelling in gymnastics and usually is only obtained with lots of stretching. Having your child warm up and practice their splits, straddles and arch ups for a few minutes each day can greatly improve their gymnastic skills.

REPETITION, REPETITION, REPETITION IS VERY IMPORTANT! Mastering skills takes PRACTICE outside of class too!

**INCLEMENT WEATHER/OTHER MANDATORY CANCELLATIONS**

We follow the South Sioux City Schools, if school is cancelled or let out early due to snow/ice gymnastics classes are canceled. Cancellations will be posted to our Facebook page and KTIV. Please check Facebook or KTIV for cancellations before venturing out into inclement weather. Make your own call if you think the roads are unsafe.

\*\*ONE SNOW DAY WILL BE ALLOWED, AFTER THAT A MAKE-UP DAY WILL BE SCHEDULED\*\*

**GYMNASTICS SEASON:**

Classes run September, October, November, December, January, February, and March. We will have a recital in March. You will be responsible for purchasing the recital leotard (girls) or t-shirt (boys) selected by staff. We will notify you in advance of the prices, last year the leotards were $40.

**If you have any questions, please feel free to call Jill at 402-321-2500 or email at** [**angiesgym@gmail.com**](mailto:angiesgym@gmail.com)

**We are located at:**

**605 N. 14th St.**

**Dakota City, NE**